

Why do we behave the way we do?



Friday Evening 27th & Saturday 28th August

(Friday night & Saturday all day)

“The Oak” at 407 Mt Barker Rd, Bridgewater

\$25 for both sessions including lunch, tea/coffee & handouts

Each of us has a personality style. We may or may not know how we present ourselves to the world or be aware of it, but you can be sure that everyone who knows us well is aware of it!

A personality style/ type refers to a consistent and habitual pattern of thought, emotion, and behaviour. It is how we usually think, feel, and behave, making us in a way, predictable. We have both strengths and weaknesses (which we are often not even aware of) in our personality. The Enneagram helps us to explore our habitual mental patterns and the defensive motivations that underlie our behaviour.

The wonderful strength of the Enneagram is its uncanny way of teaching us what the motivation for our behaviour is, and helps us in our understanding of others too.

Robin Sinclair & Yolanda Lieneman will be presenting this workshop at the end of August. They have both been students of the ENNEAGRAM for over 30 years.

Come and find out about the ENNEAGRAM. It is a fascinating and very enlightening *way of knowing yourself and those around you*. It will help in your relationships and communication with your loved ones and will help you grow as a person. Get to know yourself in a new way.

Friday evening 7—9:30pm & Saturday 9:30—4pm

To purchase tickets follow this link <https://www.trybooking.com/BRYLB>
or call Yolanda on 0438 884 034