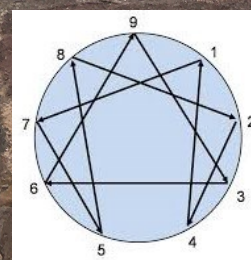


*Why do we behave the way we do?*

An Introductory workshop on the  
**ENNEAGRAM**



Friday Evening 23rd July & Saturday 24th July

(two sessions in one workshop)

“The Oak” at Bridgewater

\$25 including lunch, tea/coffee & handouts

Each of us has a personality style. We may or may not know how we present ourselves to the world or be aware of it, but you can be sure that everyone who knows us well is aware of it!

A personality style/ type refers to a consistent and habitual pattern of thought, emotion, and behaviour. It is how we usually think, feel, and behave, making us in a way, predictable. We have both strengths and weaknesses (which we are often not even aware of) in our personality. The Enneagram helps us to explore our habitual mental patterns and the defensive motivations that underlie our behaviour.

The wonderful strength of the Enneagram is it’s uncanny wisdom in teaching us what the motivation for our behaviour is as well as understanding others too.

Robin Sinclair & Yolanda Lieneman will be presenting this workshop at the end of July. They have both been long-time students of the ENNEAGRAM for over 30 years.

Come and find out about the ENNEAGRAM. It is a fascinating and very enlightening *way of knowing yourself and those around you*. It will help in your relationships and communication with your loved ones and will help you grow as a person. Get to know yourself in a new way.

Purchase tickets here <https://www.trybooking.com/BRYLB>

Limited to 30 attendees only so get in quick!